



Frank Bell Horse Whisperer

Unconfident Horse Spooks

I have a 7 year old Arab gelding that didn't have the greatest start in life. Not abused so much as just rarely handled, and when he was handled, it didn't appear to be the best way for a sensitive horse. He's green broke and could be the steadiest horse around. I KNOW he wants to be, but he has trust issues and spooks over the littlest of things. (Yet, he'll cross bridges/water, lead and go out on the trail with me alone.) He also panics and pulls back. I have a tie-blocker ring for him and it's great, however, we can't always have the gadget available and I am reluctant to tie him without it, as he has developed a neck problem from pulling back when I first got him. I live in SW Washington, just across the bridge from Portland, Or. I would love to attend a clinic with him, or possibly have you use him in a demonstration. He's a very good boy, but he's quick like a cat and he's already dumped me 5 times. (Yes, I'm keeping track!!!) I am hoping he'll make a great endurance horse, but as I train alone mostly, I really want him to be the safest and most trusting he can be.

Thank you for your time,
Heidi and Ash

Dear Heidi,

We presently don't have any horse training clinics organized for your area. We're in the process of completing our new facility in Idaho and have a light clinic schedule this summer. Let me give you some direction about your Arabian. My 7 Step System has helped thousands and your situation is no different. I've specialized in Arabs and use them mostly in my videos. I would suggest beginning with my foundation video [Discover the Horse You Never Knew](#). This is my 7 Steps which you can read about on my site in three [Western Horseman articles](#) written by Karen Boush. I suggest you get the [Getting Started Package](#) which has the video, 12' halter/lead combo, and extendable wand.

You may also consider ordering my [Spooking & Shying](#) video to specifically help with that issue. Then with pull-back, I've addressed that in my video Solving 7 Common Horse Problems I have an incredible solution for that very dangerous vice by using a belly-rope technique that takes the pressure off the head/neck/pole area and transfers it to the girth and barrel of the horse. It's too complicated to explain in written word, but simple to grasp as demonstrated on the video. I've taken numerous high-strung Arabs and settled them using these techniques. They have gone on to become winners in endurance and at the track and just as trail horses.

Remember, you've got a Ferrari under you who needs a job and a confident rider. My whole program is about safety and raising levels of confidence. I'll forward on our greeting letter and just edited newsletter. Don't be overwhelmed, but do study my site, read the articles, get the products, and get started. I promise you'll have more tools, heightened confidence, and a more solid horse.